The Sensuous Lip


Mexico City, Mexico

Abstract. The author uses Zyplast to help increase the volume of the upper or lower lip. It is emphasized that there is a clear bilobulation of the lower lip which creates the appearance of a beautiful mouth. His injection of Zyplast demonstrates a technique that helps to emphasize this bilobulation.

Key words: Upper and lower lips—Zyplast injection—Aesthetics of lip beauty

The mouth, that amazing segment of the face, that fountainhead of an entire gamut of expression from happiness to bitterness, may be beautiful or ugly. In the former, the mouth produces attraction and desire; in the latter, it causes repulsion or disgust (Fig. 1A,B).

The volume of the lip can be thick and prominent, as in certain races, or else thin and retracted, as in others (Fig. 2A,B). It is the trend of fashion in certain human cultures. The lips may be thin and somewhat retracted, as in the Nordic people, or voluptuous, sensual, and attractive, a popular style of today. A full, fresh, prominent mouth, which invites a kiss, is the sign of our times. Men and women ask the aesthetic plastic surgeon to reshape the mouth (Fig. 3A,B). Here I describe the technique I follow to achieve this desired characteristic.

Material

We use Zyplast\(^1\) to help increase the lip's volume. Its use has been most successful. When placed in the adipose tissue it does not migrate, the volume

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\(^1\) A parallel series has been conducted with dimethylpolysiloxane (medical grade 3000; 1200 cs) with more promising results and no absorption and no migration.
barely diminishes, and it does not cause a foreign body reaction (Fig. 4A,B). When we studied those full and beautiful lips (see Fig. 3), we observed the clear bilobulation of the lower lip and the predisposition it possesses of creating a beautiful mouth. According to the volume of the problem lip, we perfuse from 0.4 to 0.6 cm³ of Zyplast, carefully calculating the volume we want to achieve; we always try to perfuse the right amount. Sometimes we place a somewhat lesser amount if the patient is not quite sure so in the future we can always increase its volume [3].

**Fig. 2(A).** Example of thick and prominent lip; (B) example of a thin lip

**Fig. 3(A,B).** Examples of full lips in favor today

**Fig. 4(A,B).** Photos showing placement of Zyplast in the lip

**Technique**

Xylocaine with epinephrine (1 cm³) is injected in the center of the lip (Fig. 5A). We place a suture stitch to transfix the lip, pressing gently over rubber patches until the tissues at the center are lightly pinched (Fig. 5B). In other cases, we use a catheter through which a straight needle threaded with a double 5-0 stainless steel wire passes perpendicularly to the mucosa side of the center of the lip where it is perforated by the catheter. The wire is tied by twisting the wire’s end over a rubber butterfly. The distal ends of the wire