Abstract. The authors report three cases of osseous hydatid disease (echinococcosis) in which examination by computed tomography (CT) was found to be helpful in establishing the diagnosis. Recognition of this rare bone infection in orthodox radiographs is notoriously difficult, but is aided by knowledge of the patient having lived in an area in which the disease is endemic. In two instances, one involving the shoulder and the other the thoracic spine, radiological abnormalities had been attributed at first to tuberculosis. In the third case, in which a destructive lesion in the sacrum had been interpreted correctly, CT studies provided confirmation of a recurrence.

CT has proved to be an effective and sensitive method of demonstrating these destructive lesions in bone, of determining their spread, and of establishing the presence of other hydatid cysts in adjacent soft tissues. This technique has been found to be of value in preoperative planning of the surgical approach to hydatid lesions of the skeleton.

Key words: Osseous hydatid disease – Echinococcosis – Computed tomography – Soft tissues

In spite of recent progress in the immunological diagnosis and medical treatment of hydatid disease [5], its osseous lesions pose two different problems. Difficulty arises in diagnosis, since this localisation is rare (0.5 to 5%) [1, 2], and serodiagnosis is unreliable in cases of bone involvement. At the therapeutic level the behaviour of skeletal lesions is comparable to that of a malignant tumour [1, 2]. Precise determination of their extent, a preoperative essential prior to performing a single stage excision, is often difficult with conventional radiographic techniques. This report assesses the value of supplementary investigation by computed tomodensitometric examinations in three cases of osseous localisations of hydatid disease.

Case Reports

Case 1

A 29-year-old male Algerian consulted on account of pain in the right shoulder, which was stiff and swollen. This state of affairs had existed and progressed for several years. Clinical examination revealed the presence of a mobile mass in the external region of the delto-pectoral furrow.

Plain films demonstrated a loculated lytic lesion in the head and neck of the humerus, extending into the metadiaphyseal area and causing endosteal erosion of the cortex (Fig. 1). This radiological appearance aroused suspicion of a primary neoplasm. A further lytic lesion, however, was identified in the upper portion of the glenoid. This abnormality, coupled with narrowing of the gleno-humeral joint space, suggested a tuberculous infection. The mobile anterior mass was punctured and from it several millilitres of a highly viscous yellowish liquid were aspirated. Bacteriological examination for M. tuberculosis was negative, as was also immunoelectrophoresis and immuno-fluorescence in search of a parasitic aetiology.

Computed tomography (CT) examination (Fig. 2) confirmed osteolysis of the head of the humerus and spread of the lesion into the diaphysis. Gross destruction of the anterior cortex was clearly evident, together with the sharply defined glenoid lesion and narrowing of the gleno-humeral joint. More interestingly, CT revealed several rounded cysts (density: 10 HU) in the muscle masses (Fig. 3). One cyst originated in the humeral head and extended distally in the bicipital groove, while another, 4 cm in diameter, lay in the infraspinous fossa.

The existence of these cysts in association with the osteolytic lesions, coupled with the geographical origin of the patient from an endemic area, suggested osseous involvement by hydatid disease. Curettage and puncture of the cysts was performed and the diagnosis was confirmed by postoperative pathological examination. Further immunological studies then were found to be positive.

Case 2

This 49-year-old Algerian man had been treated for two years with antibiotics and surgical drainage for spinal tuberculosis...
A. Bouras et al. : CT in Osseous Hydatid Disease

Fig. 2. Case 1. Right shoulder: CT shows extensive cortical destruction of the anterior side of the humerus, narrowing of the glenohumeral joint space, and the lytic lesion in the glenoid.

Fig. 3. Case 1. Right shoulder: this more distal CT scan shows several round cysts (d=10 HU) in the muscles. One cyst (arrow) in the bicipital groove originated from the humeral head; another (double arrow) was located in the infraspinous fossa.

Case 1
This 56-year-old Italian woman presented in April 1978 with a left paramedian abscess and complete paraplegia. The reflexes of the abdominal skin and lower limbs were absent and general anesthesia existed below T9. A film of the chest showed a rounded opacity superimposed on the aortic knuckle and a lytic lesion of the 6th left posterior costal arch.

Frontal and profile tomograms of the thoracic spine (Fig. 4) revealed a clearly defined lytic lesion in the body of T6. The left side of this body was expanded, being demarcated by a slender bony shell. The left pedicle and the posterior portion of the left 6th rib had undergone similar destruction. A paravertebral soft tissue swelling was evident. The intervertebral disc spaces at the T5/6 and T6/7 levels, however, were normal. These findings were considered to eliminate the diagnosis of vertebral tuberculosis. The involvement of two adjacent bones caused a number of diagnostic possibilities to be considered, but the geographical origin of the patient and the length of history caused hydatid disease to be favoured. CT studies then were undertaken. These studies (Figs. 5 and 6) established not only extensive destruction of the body and left pedicle of T6 and the posterior portion of the left 6th rib, but revealed also similar involvement of the body of T5. The paraspinal soft tissue mass on the left side was due to large cysts. One had displaced the aorta forwards and others involved the posterior muscles. The spinal cord appeared to be unaffected.

These findings strongly supported the diagnosis of osseous hydatid disease. Immunological reactions, however, although slightly positive, remained inconclusive. The diagnosis was confirmed at operation. By a left lateral approach, laminectomy of T5 and 6 and resection of the involved rib were performed. The lesions in the vertebral bodies were curetted and the cysts were excised, with the exception of the anterior wall of that in contact with the descending aorta.

Case 3
This 43-year-old Italian man presented in April 1978 with a cauda equina syndrome and progressively increasing L1 left sciatica. Myelography at that time had suggested an intrasacral tumour, but the preoperative diagnosis of hydatid disease was confirmed at operation. Laminectomy and deroofing of the sacral canal had been accompanied by evacuation of daughter