THE INFLUENCE OF THE NERVOUS SYSTEM ON THE COMPOSITION OF THE BLOOD

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(Received January 17, 1957. Presented by Academician A. D. Speranskii)

At the basis of the contacts formed by an organism with its environment a considerable role is played by
residual reactions of the nervous system. Academician A. D. Speranskii has demonstrated the possibility of
reproducing pathological processes using the principle of trace reactions. He showed [9] that organs of the hema-
poietic system are well innervated. This made possible a very important hypothesis concerning the influence of
the nervous system on the blood-forming organs. The studies of A. D. Speranskii and others made it important
to analyze the residual reactions in the nervous system during some forms of anemia.

The present study is an attempt to clarify the role played by the nervous system in the development and
changes produced in the blood by phenylhydrazine poisoning.

We based this study on the statement that this chemical blood-destroying agent has the capacity to "produce
a special form of nervous stimulation." Residual reactions during regeneration of the red blood have been
observed by a whole series of workers [1, 2, 4, 8].

EXPERIMENTAL METHODS

In our studies the basic pathological process was produced by the introduction of an acid salt of phenyl-
hydrazine, 0.5-1 ml of a 2% solution per 1 kg wt of animal being used. The phenylhydrazine was continued
until the appearance of a pronounced anemia after which the blood was studied until the moment of normalization.

It became important to determine whether the blood picture characteristic for phenylhydrazine poisoning
could be reproduced by using a new stimulant of the nervous system. As such a factor, we chose "towing." As is
known, this method was suggested by A. D. Speranskii in 1935; with the aid of this procedure he was able to
produce relapses of previously existing nerve dystrophic processes.

In our studies the first changes in the blood we investigated were those occurring after the infliction of trauma
to the nervous system. To do this, we took 5 dogs and subjected them to "towing." When such experiments were
performed, changes were observed both in the white and the red blood cell counts.

In the majority of instances, within 30 minutes of beginning the "towing," there was observed a small but
constant rise in the hemoglobin, fluctuating between 3 and 10% and averaging 5%. There was observed a corre-
responding change in the r.b.c. count. By the end of the first day the hemoglobin and the erythrocyte number
returned to original levels.

Similar alterations were seen in the leucocytes. Within 15 minutes the leucocyte count rose to 14,420,
while within 15 more minutes it reached 20,800 per cc. By the 2nd day the count fell. The leucocytic reaction
ended by the 3rd to 5th day, the original levels being restored. "Towing" also provoked changes in the number of
reticulocytes (Fig. 1).
Changes in some of the hematological indicators produced by "towing" (average of 5 experiments).
1) Hemoglobin; 2) erythrocytes; 3) leucocytes; 4) reticulocytes.

Before examining blood smears, we observed that within 30 minutes after "towing," in spite of the leuко¬
cytosis, the leucocytic picture remained unchanged. This led to the conclusion that the number of leucocytes
grew now because of new formation but as a result of blood redistribution [3, 10, 7].

The results obtained after "towing" gave us a basis of comparison for our second basic series of experi¬ments.

In our experiments the hemotoxic anemia resulting from the phenylhydrazine poisoning usually developed
to the 28th to 35th days. By then the hemoglobin usually dropped to 27-29% (Fig. 2).

In all instances the greatest rapidity in the decrease in hemoglobin was noted in the first 5-7 days, after
which the rapidity of the fall of the hemoglobin slackened somewhat.

Corresponding changes in the r.b.c. counts paralleled the hemoglobin fluctuations (Fig. 2). It is important
to note that by the second or third day after the poisoning the regenerative capacity of the bone marrow became
increased. In the peripheral blood there appeared normoblasts, which then regularly increased in number. At the
same time there was a sharp rise in the reticulocyte count.

With such an experimental procedure there is observed a gradual increase in hemoglobin and the erythrocyte
count. Usually, 10-12 days and more often not until 15-17 days after stopping the administration of the phenyl-